



SUMMER CAMP HOI AN 2021

What to Expect

Meals on Camp

Food is one of the most important things on Camp! Daily meals consist of breakfast, lunch, snack and dinner. Every day there will be a mixture of Vietnamese and International dishes ensuring that all Campers tastes are catered for and that we provide healthy and nutritious meals throughout the camp. Drinking water is freely available throughout the Camp. We encourage the use of REUSABLE BOTTLES for drinking to reduce our plastic waste.

Breakfast example: Choose from: 1. Bread, butter, jam. 2. Bread and fried egg. 3. Instant noodle with egg. (Juice and banana included)

Lunch example: Fried rice, spaghetti bolognese, grilled chicken, salad, fruit salad.

Snack example: Egg sandwich, lemonade.

Dinner example: Pasta, crumbed pork, cucumber salad, mixed vegetables, omelette with pork, steamed rice, fresh fruit.

Typical Day on Camp

Time	Activity	Information
07:00	Wake up for Residential Campers Pick up for Day Campers	
08:00	Day Campers arrive Breakfast together	Bus will pick up Day Campers from Hoi An/Danang area.
08:30	Morning Announcements	
08:45	Get Ready	Get changed and pack a bag if needed
09:00	Activity 1	Activities in groups following the schedule such as cycling, kayaking, yoga, bamboo workshop and beach games.

10:30	Activity 2	Activity 1 and 2 may occur together as a longer activity. Such as the Cham Island Snorkel Trip!
12:30	Lunch	Most lunches are on site but some are off site depending on the schedule.
13:00	Free choice	Room time, pool time, games, movie - it's your choice during the hot time of the day.
14:30	Activity 3	Afternoon activities onsite or offsite including: sports, cycling, workshops or team challenges.
16:00	Snack time	Healthy snacks every afternoon.
16:15	Sunset Beach Trip	Every day we go to the beach for sunset.
16:25	Beach hang out	Roommates choose an activity and hang out together.
18:15	Return from Beach Trip	Good time for Residential Campers to call home if they want.
18:30	Evening Announcements	Set the schedule for the evening.
19:30	Dinner	Enjoy a meal with your friends.
20:00	Evening Activity	Stargazing, team games, bonfire or talent show or disco depending on the schedule!
21:00	Daytime Campers depart	Bus will drop Day Campers off in Hoi An/Danang area.
21:30	Residential Campers in rooms	Campers have showers and settle in rooms.
22:00	Lights out	Enjoy a good night's sleep to recharge for the next day.

Sleeping Arrangements on Camp

Residential Campers will stay together on site at our incredible facility in Hoi An. The Summer Camp 2021 building is designed to accommodate large numbers of young people in a safe environment. Campers will stay in dorm rooms with staff nearby should any issues arise.

Sharing dorm rooms and being responsible for your belongings is a great way for kids to get used to being independent and not relying on others during their daily routine. Dorm sharing is common at European and American summer camps, at Universities abroad and of course here in Vietnam. Getting your child used to this kind of environment will help them adjust in the future!

- All residential campers will be roomed in dorms of 4 – 6 people and grouped by gender and age.

Safety on Camp

The health and safety of Campers is our priority. We ensure all our guides are fully trained and prepared for all activities and we only work with third parties that we trust in terms of safety.

The following measures are taken on all our Camps:

- 24 Hour Security at Residential Site (including CCTV in hallways and public areas)
- Risk Assessments conducted prior to all activities
- Camp activity staff are first aid trained with up to date police clearance
- Onsite nurse available for first aid

- ❑ All staff sign our Code of Conduct which includes Child Protection Policy (available upon request)
- ❑ Swimming supervised at all times
- ❑ Life jackets available for swimming pool and compulsory for sea swimming and snorkelling

Phones and Devices on Camp

At **The Learning Project** we believe that kids benefit greatly from being taken out of their comfort zone and encouraged to be independent. Our Camps are a great opportunity for children to get used to being away from home and living in a communal environment. For that reason we only allow phones for 1 hour in the evening between 1800 and 1900 each evening. During this time they can call home, play games, or chat to friends.

In the event of a family emergency, parents/guardians can call our hotline (+84) 98 353 0030. We will ensure they are put in touch with their child immediately.